

Dessert	Milk				RESOURCE® ThickenUp®				Scoop Size
	1	6	12	24	1	6	12	24	
Bread Pudding, <u>Prepared</u> , <u>without raisins</u> (3 ½ oz serving)	1 ½ tsp	1 Tbsp	2 Tbsp	¼ cup	1 ½ tsp	3 Tbsp	⅓ cup	¾ cup	#8
Brownie/Bar, <u>Prepared</u> , <u>no nuts</u> (2 to 2 ½ oz or 2 x 3-inch piece)	3 ½ Tbsp	1 ¼ cups	2 ½ cups	1 ¼ qt	1 Tbsp	⅓ cup	¾ cup	1 ½ cups	#10
Cream Pie, ⅛ pie, (3 to 3.75 oz)	½ tsp	1 Tbsp	2 Tbsp	¼ cup	1 ½ tsp	3 Tbsp	⅓ cup	¾ cup	#10
Fruit Cobbler or Crisp, <u>Prepared</u> , (½ cup)	1 ¼ tsp	2 ½ Tbsp	⅓ cup	⅔ cup	2 tsp	¼ cup	½ cup	1 cup	#12
Fruit Pie, ⅛ pie, (3 to 3.75 oz)	1 ¼ tsp	2 ½ Tbsp	⅓ cup	⅔ cup	2 tsp	¼ cup	½ cup	1 cup	#10
Pineapple Upside-Down Cake , <u>Prepared</u> (2 oz serving)	3 ½ Tbsp	1 ¼ cups	2 ½ cups	1 ¼ qt	1 Tbsp	⅓ cup	¾ cup	1 ½ cups	#12

HOW TO PREPARE:

1. Place food into food processor or blender. Add milk and pureed until smooth in texture.
2. Add **RESOURCE® ThickenUp®** and process briefly until mixed, scraping side of bowl as necessary.
3. Cover and chill before serving.
4. Portion corresponding serving. If desired, use a spatula to flatten and shape to resemble a square or pie slice.

NOTE: Measurements of liquid and **RESOURCE® ThickenUp®** may be adjusted to achieve desired consistency.